

Starting Saturday
28th August

BREAKFAST

8 A M - 10 A M

General Public - Saturday & Sunday ONLY.

Retreat Guests - 7 days a week

If your room includes breakfast, you may choose any item from below, along with unlimited juice & water. Coffee & tea is additional, please check price list.

If breakfast is not included during your stay, pricing stated below.

Eggs (gfo/dfo)	\$17.50
sourdough, 2 eggs fried, poached or scrambled & bacon	
Eggs Benedict (gfo/dfo)	\$19.50
sourdough, spinach, 2 poached eggs & hollandaise sauce. Choose ham or bacon. + smoked salmon for \$2	
Breakfast Bruschetta (v/gfo)	\$19.50
sourdough, fresh mozzarella, tomato, 2 poached eggs & balsamic glaze	
Avocado Smash (vo, vgo, dfo, gfo)	\$20.50
sourdough, mushrooms, avocado, poached egg & balsamic glaze	
Waffles	\$23.50
Sweet : cream or ice-cream, berry compote, maple syrup Savoury : crunchy chicken & sweet and spicy potato pieces, bacon, maple syrup	
Yogurt & Berries (gfo/dfo/vgo)	\$17.50
greek yogurt, mixed seasonal berries & fruit, honey & granola crunch	
Amaroo Breakfast	\$27
sourdough, 2 eggs fried, poached or scrambled, pork sausage, bacon, cherry tomatoes, mushrooms, spinach, hash browns & hollandaise sauce	

gfo - gluten free option

dfo - dairy free option

v, vo - vegetarian, vegetarian option

vgo - vegan option

1200 Alison Street
Mount Helena, 6082
6244 4800

ADD TO YOUR MEAL

\$4 Each - pork sausage / bacon / salmon
/ 2 eggs / mushrooms / cherry tomato /
avacado

\$2 - sourdough / spinach / hash brown
