

# AMAROO SPA



## Body Treatments

Amaroo Retreat & Spa  
1200 Alison Street, Mount Helena, 6082  
[reservations@amaroo retreat.com.au](mailto:reservations@amaroo retreat.com.au)  
6244 4800

BODY TREATMENTS BELOW ARE AVAILABLE TO BOOK FROM  
OCTOBER 7TH ONWARDS.

### Stress Reliever

This indulgent package, begins with a 60-minute tension-releasing full body massage with soft - medium pressure, before moving onto a luxurious 60-minute facial.

2 Hours \$280

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### Body Rejuvenation

Begin with a sugar scrub to gently polish your skin and remove debris. Step into an aromatic shower, then enter a world of pure relaxation with a 60-minute head to toe, essential oil body massage. Your treatment is completed with an express facial.

2 hours \$320

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### Detox

Begin your treatment with a gentle body brush to buff away dirt and debris on the skins surface. A sugar scrub is then applied to prepare your skin for a deeply penetrating, full body refining peel-off mask enriched with caffeine & guarna. Designed to free the body of toxins & to improve the skins' elasticity, this wrap leaves the skin beautifully toned with a more youthful appearance. While the wrap works it's magic, your therapist will perform a targeted head & scalp massage. The wrap is then removed from the skin before experiencing a lavish full body massage. Finish with a luxurious facial to make this package the ultimate in full-body pampering.

3 hours \$495

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Drift back to earth with a complimentary warming herbal tea, or luscious glass of bubbly served in one of our luxurious lounge areas after your massage treatment.

## Design Your Own Treatment

If you don't see a package that truly speaks to you, create your own!

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Minimum treatment time 2 hours

- Sugar Scrub 30 min \$80
  - Express Facial 30 min \$85
  - Clay Wrap 30min \$90
  - Head & Scalp Massage 45 min \$95
  - Signature Massage 60 min (soft to medium pressure) \$140
  - Muscle Relaxer Massage 60 min (firm to hard pressure) \$170
  - Aromatherapy Massage 60 min (soft to medium pressure) \$150
  - Facial 60 min \$150
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## Spa Etiquette

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## BOOKING

- All bookings are able to be made by phone or email. To secure your booking, the first & surname of all guests is required, along with a contact number and email address.
- Your booking is not confirmed until either a 50% non-refundable deposit, or payment in full has been made. This can be made over the phone via EFTPOS, by bank transfer or gift voucher payment. If paying by bank transfer, a copy of the transfer receipt is due to secure your booking. If paying by gift voucher, the gift voucher number is required.
- Booking ahead to avoid disappointment is highly advised.

## CANCELLATION

- 24 hours notice or more is required to significantly change or amend your booking. If less than 24 hours notice is given the deposit will be forfeited. If more than 24 hours notice is provided, any payments made will be placed into credit for a maximum period of 12 months. If 12-months has passed and you fail to re-book, any money paid will automatically be forfeited.
- Failure to attend your booking for any reason will see 100% of all payments made forfeited.

## ARRIVAL

- Please arrive 15-minutes early to your booked appointment time to fill in your consultation form. Any late arrivals will result in a time deduction from your treatment with no reimbursement of payment.

## SPA ATTIRE

- It is recommended to wear loose fitting clothing to and from your treatment. If you are an in-house guest, we suggest wearing your complimentary robes to and from your treatment.
- Disposable underwear will be provided, however you are welcome to wear your own underwear or swimwear if you prefer too.

## GENERAL

- Our therapists are highly trained and experienced in their field of expertise. They will always try to exceed your expectations, however if you feel uncomfortable at any point during your visit please let them know immediately.
- Please ensure your mobile phone is switched off or on silent mode.
- If you have any medical conditions that may impact your treatment please inform reception upon making your booking. Our therapists can accommodate most conditions, however there are some conditions which will require medical clearance prior to your visit.